

APA (American Psychological Association) 7th is an author-date referencing style where you have an in-text citation and a related entry in a reference list at the end of your document.

## APA 7th - scholarly journal article

For electronic articles include the DOI number ( [Digital Object Identifier](https://doi.org/10.1080/1057356030207) ) if available. The format for a doi is: <https://doi.org/10.1080/1057356030207>

If there is no DOI use the web address (url) to the journal article.

**Note:** If the journal article is from a database (e.g., Proquest or Ebsco), and doesn't have a doi, do not include the URL but reference as a print article.

If there is no year of publication use the abbreviation (n.d.) for no date.

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## Reference list

Add a reference list entitled **References** at the end of your essay, citing all sources used in the body of your writing, except for personal communications.

The reference list should be in alphabetical order by the first author's surname (last name).

The first line of each reference should be aligned with the left margin. Second and subsequent lines should be indented seven spaces (1.27cm).

### **One author**

#### **Format (Electronic) with DOI (Digital Object Identifier)**

Author. (Year of publication). Title of article. *Name of Publication* , volume (issue), page number(s). <https://doi.org/xxx>

#### **Format (Electronic) without a DOI**

Author. (Year of publication). Title of article. *Name of Publication* , volume (issue), page number(s). <https://xxx>

#### **Format (Print)**

Author. (Year of publication). Title of article. *Name of Publication* , volume (issue), page number(s).

### **Examples**

Salesa, T. D. (2014). Emma and Phebe: "Weavers of the border". *Journal of the Polynesian Society*, 123 (2), 145-168. <https://doi.org/10.15286/jps.123.2.145-167>

Hoare, K. J. (2014). Children's participation in society is likely to lead to their improved health and wellbeing. *New Zealand Medical Journal*, 127 (1405), 12-14. <https://www.nzma.org.nz/journal/read-the-journal/all-issues/2010-2019/2014/vol-127-no-1405/6344>

Leger, D. (1994). The cost of sleep-related accidents: A report for the National Commission on Sleep Disorders Research. *Sleep*, 17 (1), 84-93.

## **Two to twenty authors**

### **Format (Electronic) with a DOI (Digital Object Identifier)**

Author One, Two, Three, Four, Five, Six, Seven, Eight, Nine, Ten, Eleven, Twelve, Thirteen, Fourteen, Fifteen, Sixteen, Seventeen, Eighteen, Nineteen, & Twenty. (Year of publication). Title of article. *Name of Publication*, volume (issue), page number(s). <https://doi.org/xxx>

### **Format (Electronic) without a DOI**

Author One, Two, Three, Four, Five, Six, Seven, Eight, Nine, Ten, Eleven, Twelve, Thirteen, Fourteen, Fifteen, Sixteen, Seventeen, Eighteen, Nineteen, & Twenty. (Year of publication). Title of article. *Name of Publication*, volume (issue), page number(s). <https://xxx>

### **Format (Print)**

Author One, Two, Three, Four, Five, Six, Seven, Eight, Nine, Ten, Eleven, Twelve, Thirteen, Fourteen, Fifteen, Sixteen, Seventeen, Eighteen, Nineteen, & Twenty. (Year of publication). Title of article. *Name of Publication*, volume (issue), page number(s).

## **Examples**

Garnevskia, E., Joseph, H., & Kingi, T. (2014). Development and challenges of cocoa cooperatives in Papua New Guinea: Case of Manus province. *Asia Pacific Business Review*, 20 (3), 419-438. <https://doi.org/10.1080/13602381.2014.931046>

Shuker, C., Bohm, G., Bramley, D., Frost, S., Galler, D., Hamblin, R., Henderson, R., Jansen, P., Martin, G., Orsborn, K., Penny, A., Wilson, J., & Merry, A. F. (2015). The health quality and safety commission: Making good health care better. *New Zealand Medical Journal*, 128 (1408), 97-109.

<https://www.nzma.org.nz/journal/read-the-journal/all-issues/2010-2019/2015/vol-128-no-1408/6419>

Väyrynen, S., Kesälahti, E., Pynninen, T., Siivola, J., Flotskaya, N., Bulanova, S., Volskaya, O., Usova, Z., Kuzmicheva, T., & Afonkina, Y. (2016). Finnish and Russian teachers supporting the development of social skills. *European Journal of Teacher Education*, 39 (4), 437-451.

### **Twenty-one or more authors**

List the first nineteen authors' names, insert ellipses (3 full stops), then add the last author.

### **Format (Electronic) with a DOI (Digital Object Identifier)**

Author One, Two, Three, Four, Five, Six, Seven, Eight, Nine, Ten, Eleven, Twelve, Thirteen, Fourteen, Fifteen, Sixteen, Seventeen, Eighteen, Nineteen, ... Last. (Year of publication). Title of article. *Name of Publication*, volume (issue), page number(s). <https://doi.org/xxx>

### **Format (Electronic) without a DOI**

Author One, Two, Three, Four, Five, Six, Seven, Eight, Nine, Ten, Eleven, Twelve, Thirteen, Fourteen, Fifteen, Sixteen, Seventeen, Eighteen, Nineteen, ... Last. (Year of publication). Title of article. *Name of Publication*, volume (issue), page number(s). <https://xxx>

### **Format (Print)**

Author One, Two, Three, Four, Five, Six, Seven, Eight, Nine, Ten, Eleven, Twelve, Thirteen, Fourteen, Fifteen, Sixteen, Seventeen, Eighteen, Nineteen, ... Last. (Year of publication). Title of article. *Name of Publication*, volume (issue), page number(s).

### **Examples**

Martínez-Alarcón, L., Ríos, A., Santainés-Borredá, E., Agras-Suarez, M. C., Cañadas-De la Fuente, G. A., Hurtado-Pardos, B., Bárcena-Calvo, C., Perelló-Campaner, C., Arribas-Marin, J. M., García-Mayor, S., Soto-Ruiz, M. N., Navalón, J. C., Bertran-Noguer, C., Peña-Amaro, M. P., Jiménez-Herrera, M. F., Blanco-Sánchez, R., Calvo-Sánchez, M. D., Prado-Laguna, M. C., González-García, A., ... Parrilla, P. (2019). Nursing students' knowledge about organ donation and transplantation: A Spanish multicenter study. *Transplantation Proceedings*, 51 (9), 3008-3011. <https://doi.org/10.1016/j.transproceed.2019.08.019>

Pegion, K., Kirtman, B. P., Becker, E., Collins, D. C., LaJoie, E., Burgman, R., Bell, R., DelSole, T., Min, D., Zhu, Y., Li, W., Sinsky, E., Guan, H., Gottschalck, J., Metzger, E. J., Barton, N. P., Achuthavarier, D., Marshak, J., Koster, R. D., ... Kim, H. (2019). The Subseasonal Experiment (SubX): A multimodel subseasonal prediction experiment. *Bulletin of the American Meteorological Society*, 100 (10), 2043-2060. <https://bit.ly/33RXEZF>

Dalton, J., Burles, L., Masding, M., Nicholls, A., Cook, S., Lopes, B., Hanna, J., McAulay, A., Deamer, S., Nielsen, L. M., Foggin, S. M., Hobson, J. M., Cook, S., Wilson, A., Clement, F., Clark, M. P., Green, P., Peters, W., Muldoon, R., ... Key, J. (2019). The Poole young people's diabetes service. *Journal of Diabetes Nursing*, 23 (5), 1-5.

### **Group as author**

**Note:** Group could be an organisation, association, government department, study group, etc.

### **Format (Electronic) with a DOI (Digital Object Identifier)**

Name of Organisation. (Year of publication). Title of article. *Name of Publication* , volume (issue), page number(s). <https://doi.org/xxx>

### **Format (Electronic) without a DOI**

Name of Organisation. (Year of publication). Title of article. *Name of Publication* , volume (issue), page number(s). <https://xxx>

### **Format (Print)**

Author. (Year of publication). Title of article. *Name of Publication*, volume (issue), page number(s).

### **Examples**

United Nations Development Programme. (1984). Technical co-operation for energy development in developing countries. *OPEC Review*, 8 (2), 171-182. <https://doi.org/10.1111/j.1468-0076.1984.tb00274.x>

India State-Level Disease Burden Initiative Collaborators. (2017). Nations within a nation: Variations in epidemiological transition across the states of India, 1990-2016 in the Global Burden of Disease Study. *Lancet*, 390 (10111), 2437-2460. [https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(17\)32804-0/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(17)32804-0/fulltext)

Centers for Disease Control and Prevention (CDC). (1994). Zidovudine for the prevention of HIV transmission from mother to infant. *MMWR. Morbidity and Mortality Weekly Report*, 43 (16), 285-287.

### **Unknown author**

If the author is **unknown**, place the title in the author position followed by the date of publication.

### **Format (Electronic) with a DOI (Digital Object Identifier)**

Title of article. (Year of publication). *Name of Publication*, volume (issue), page number(s). <https://doi.org/xxx>

### **Format (Electronic) without a DOI**

Title of article. (Year of publication). *Name of Publication*, volume (issue), page number(s). <https://xxx>

### **Format (Print)**

Title of article. (Year of publication). *Name of Publication*, volume (issue), page number(s).

### **Examples**

A balanced online life [Editorial]. (2019). *The Lancet Child & Adolescent Health*, 3 (12), 835. [https://doi.org/10.1016/S2352-4642\(19\)30354-2](https://doi.org/10.1016/S2352-4642(19)30354-2)

Chronic pelvic pain in women. (2016). *Best Practice Journal*, (73), 38-40. <https://bpac.org.nz/BPJ/2015/September/pelvic.aspx>

When hiring execs, context matters most. (2017). *Harvard Business Review*, 95 (5), 20-22.

### **Advanced online publication**

If no doi is available put the url instead - don't forget to update your reference when it is published with the volume, issue and pages.

### **Format (Electronic) with a DOI (Digital Object Identifier)**

Author(s). (Year of publication). Title of article. *Name of Publication*, Advance online publication. <https://doi.org/xxx>

### **Format (Electronic) without a DOI**

Author(s). (Year of publication). Title of article. *Name of Publication*, Advance online publication. <https://xxx>

## Example

Moher, J. (2019). Distracting objects induce early quitting in visual search. *Psychological Science*, Advance online publication. <https://doi.org/10.1177/0956797619886809>

Scott, J. A., Heard, S. O., Zayaruzny, M., & Waiz, M. (2019). Airway management in critical illness: An update. *Chest*, Advance online publication. [https://journal.chestnet.org/article/S0012-3692\(19\)34193-5/fulltext](https://journal.chestnet.org/article/S0012-3692(19)34193-5/fulltext)

## [An example reference list](#)

See also: [translated work](#), [multiple works by the same author](#), [one source cited in another](#), [similar information from multiple works](#), [abbreviations](#).

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## In-text citation

When you use another person's ideas or words in your text include the author's name and publication date in brackets (Parenthetical Citation).

If you use the author's name as part of a sentence, include the date of publication in brackets (Narrative Citation).

### **One author**

- ... the economic cost of motor vehicle accidents caused by sleepiness (Leger, 1994). Sleep deprivation, according to Leger (1994), also leads to higher rates of work-related injuries.

**Note:** If you use a Parenthetical Citation the first time, followed by a Narrative Citation, you need to repeat the date.

- In a recent study, Leger (1994) explored the economic cost of sleepiness in accidents. Leger further claims that sleep deprivation leads to higher work-related injuries.

**Note:** If you use a Narrative Citation the first time, followed by another Narrative Citation, you can omit the date. But, if you use a Parenthetical Citation the next time you need to include the date.

## **Two authors**

Use ‘&’ between the authors' surnames when they are enclosed within brackets. Use ‘and’ when they form part of the sentence.

- ... carpal tunnel syndrome is significantly higher in diabetic patients (Mauermann & Watson, 2017). Mauermann and Watson (2017) noted that it was a risk factor for both type 1 and 2 diabetics.

**Note:** If you use a Parenthetical Citation the first time, followed by a Narrative Citation, you need to repeat the date.

- Mauermann and Watson (2017) found that the use of D5W for carpal tunnel syndrome significantly reduced the level of pain. Mauermann and Watson also noted a reduction in patient's disability scores.

**Note:** If you use a Narrative Citation the first time, followed by another Narrative Citation, you can omit the date. But, if you use a Parenthetical Citation the next time you need to include the date.

## **Three or more authors**

Cite only the surname of the first author followed by ‘et al.’

- ... global environmental events impacted on the evolution of vascular plant patterns (Anderson et al., 1999). Anderson et al. (1999) discovered a clear linking between vascular plant-bearing formations and standard geological time-scale.

**Note:** If you use a Parenthetical Citation the first time, followed by a Narrative Citation, you need to repeat the date.

- Anderson et al. (1999) discussed the connection of plants changing the ecosystems. Though Anderson et al. acknowledged that the dominant gymnosperm orders are endemic to the Gondwana Kingdom.

**Note:** If you use a Narrative Citation the first time, followed by another Narrative Citation, you can omit the date. But, if you use a Parenthetical Citation the next time you need to include the date.

## **Group as author**

Use the the name of the group as it appears in your reference list. However, the Group name can be abbreviated. The first time cite the full name with the abbreviation. Subsequently only

use the abbreviation. If the reader could be confused by the abbreviation use the full group name each time.

- ... the effectiveness of zidovudine in the prevention of human immunodeficiency virus transmission (HIV) from mothers to babies (Centers for Disease Control and Prevention [CDC], 1994).

Subsequently cite the name of the group in the abbreviated form.

- CDC (1994) reported that each year about 7000 HIV-infected women give birth and of those 35% have HIV-infected babies.

## **OR**

- United Nations Development Programme (UNDP, 1984) provides assistance to developing countries to help improve their socioeconomic conditions.

Subsequently cite the name of the group in the abbreviated form.

- UNDP (1984) help to build self-reliance via the financing of technical co-operation and other pre-investment undertakings.

## **Unknown author**

For the title of the article with no author use **Title Case** with double quotation marks. For a long title use only the first few words.

- Companies are more successful with leaders whose skills fit the particular challenges of the job ("When Hiring Execs," 2017).
- The article "When Hiring Execs" (2017) suggests that you ascertain personality attributes, skills and appropriate experiences of executives as leaders before hiring.

**Note:** In the reference list use **Sentence case** i.e. only capitalise the first word of the title, first word of a subtitle or first word after a colon, plus proper nouns.

## **Example:**

When hiring execs, context matters most. (2017). *Harvard Business Review*, 95 (5), 20-22.



See also: [Multiple works by the same author, Similar information from multiple works, One source quoted in another](#)

[An example paragraph](#)

See also: [more on paraphrasing ...](#)

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## Quoting

Direct quotes of less than 40 words require quotation marks and the page number/s.

- ... the results show that "sleepiness seems to be a very underrated factor in accidents" (Leger, 1994, p. 91).
- Leger (1994) stated that "sleepiness seems to be a very underrated factor in accidents" (p. 91).
- Picard et al. (2015) observed that "the sense of taste relies heavily on smell" (p. 13).
- ... and it was found that "the sense of taste relies heavily on smell" (Picard et al., 2015, p. 13).

See also: [more on quoting, including long quotes ...](#)

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This material is based on the [Publication manual of the American Psychological Association](#) (2020). For further information, please consult the manual directly.